

WELLNESS CALLS: KEEPING YOU CONNECTED



INTRODUCING A NEW SERVICE... WELLNESS CALLS

Socialization... Security... Peace of Mind

If you or a loved one suffers from isolation or could just use a friendly voice to talk to, we may have a solution!

UDSF is currently piloting a new "Wellness Call" service to help those who are alone or isolated stay connected, stay safe and live more independently.

This is also a great option for family members who have a loved one that could use a periodic check-in or social stimulation. We provide the contact person a report of our conversations so that he/she knows what has been discussed.

Contact Us For More Information

888-837-4235 • udservices.org

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INTRODUCTORY SPECIAL ... 2 Months Of Free Calls!

Sign up now, and receive the first
2 months of calls for **free!**

Clients who continue services after the introductory period will be billed on a monthly basis. Services can be canceled on a monthly basis at any time with no obligation.

Costs are based on client needs
and amount of calls provided.

We are currently offering two types of Wellness Call Plans:

Check-In Calls: These are brief calls to touch base with the client to make sure that they are ok, ensure that they are comfortable completing their basic daily living activities such as taking their medications, proper nutrition, etc. and assess the client's mood and any concerns for safety in their home.

Conversational Calls: These are longer calls. This allows the client to discuss not only items addressed by check-in calls, but also gives them time to have a more in-depth conversation about topics of their choice such as family, hobbies, etc. These calls are designed to help engage individuals and give them a sense of connection and someone to talk to.

LEARN MORE...

udservices.org/wellness

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