

# HELP UDS AS A GREEN THUMB VOLUNTEER

*Green Thumb volunteers help spread cheer  
by maintaining flowers, plants and lawns.*



*your way of living*

**UNITED DISABILITIES SERVICES**

# **GREEN THUMB VOLUNTEER**

Do you enjoy gardening, landscaping or maintaining indoor or outdoor plants? Share your horticultural talents by volunteering at the home of an individual with a disability to allow the beauty of nature into lives of others and create more ecofriendly environments.

Volunteers are needed year round to:

- Water plants
- Share your knowledge with individuals

Seasonal projects include:

- Trimming/pruning bushes
- Landscaping
- Raking leaves
- Mowing lawns
- Shoveling snow

See the rewarding smiles on the faces of individuals as you let your green thumb talents brighten their day.

**For more information or to  
download a volunteer application:**

**[udservices.org](http://udservices.org)  
or call UDS at 888-UDS-4235**