

Just around the corner...

## 5K Run Walk and Wheelchair Roll

**What:** 2018 Cause for Paws—UDS Service Dog's Annual 5K Run Walk and Wheelchair Roll.

**Who:** Runners, Wheelchair Rollers, Kids, Dogs

**When:** Saturday, June 16, 2018, at 8:00 am. Day-of-event registration begins at 6:30 am.

**Where:** HAAC Lancaster Campus (1641 Old Philadelphia Pike)

**Pre-registration:** Pre-register by June 1;

Receive a Cause for Paws tee shirt or Cause for Paws bandana for dogs.

First 100 registrants will receive a special Event Kit in their goodie bags.

To register, go to [www.udservices.org/event/paws-for-the-cause-5k-runwalkwheelchair-roll/](http://www.udservices.org/event/paws-for-the-cause-5k-runwalkwheelchair-roll/)

**Cost:** Dogs: Registration \$10;

Humans (Adult) \$30; Humans (Ages 17 and under) \$20.

Registration on the day of the event is \$35 (\$25 for 17 and under).

**Special for dogs:** All dogs must be leashed at all times, current on rabies and distemper vaccines, and have excellent temperament with other dogs and children.

Proceeds from Cause for Paws support puppies in training to become service dogs to people with mobility disabilities and children with autism.

For more information, contact Lori Breece, 717-715-8753.



SAVE THE DATE!

### Annual Fundraising Gala: Outrageous Giving—Abundant Living

**Date:** Friday, May 18, 2018

**Time:** 5:30 PM

**Where:** Fireside Tavern - Strasburg, PA

### Adult Enrichment Spring Concert

**Date:** Thursday, May 24, 2018

**Time:** Noon

**Where:** Manor Church - Mountville, PA

### Cause for Paws

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**Where:** HACC Lancaster Campus - 1641 Old Philadelphia Pike

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## CALLING ALL CARS!

Why not donate your old car, truck, SUV, or airplane to UDS Foundation and help people in our community with disabilities, seniors, veterans in one easy move? And you qualify for a tax deduction!

**It's easy!** Just log onto our website address: [www.udservices.org](http://www.udservices.org) and click on "Give to UDSF" to learn more. Our partners at CARS will pick up your vehicle and handle all the details for you. Once the car is sold, the proceeds will then go directly to UDS.

It couldn't be easier.

YOUR CAR  
MAY SLOW  
YOU DOWN

BUT IT CAN  
SPRING US  
FORWARD

DONATE YOUR VEHICLE TODAY!

### I want to help people with disabilities live more fully!

Here's my gift of:  \$25  \$50  \$100  Other: \_\_\_\_\_

This is a one-time gift.

#### PAYMENT OPTIONS:

- Check Enclosed Payable to UDSF  
 Credit Card  Visa  MasterCard  Discover  
 Call me about monthly giving

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_ / \_\_\_\_ CVV Code: \_\_\_\_\_

Signature: \_\_\_\_\_

Please mail to: Larry Aubrey, UDS Foundation, 2270 Erin Court, Lancaster, PA 17601

\*Contributions to UDSF are deductible as the law allows\*

You can  
change lives!

DONATE

[www.udservices.org/give](http://www.udservices.org/give)



# journeys

The official newsletter of United Disabilities Services Foundation

Changing Lives...

## YOU HELPED PAVE RACHEL'S PATHWAY TO INDEPENDENCE



**"Don't be challenged by limits; Challenge your limits!" hangs in Rachel Weaver's kitchen and it certainly sums up Rachel's attitude.**

Last summer, wanting to live independently in a new home, Rachel Weaver Googled "disability services" and found the UDS Resource Center.

Rachel, age 30, was diagnosed with Charcot-Marie-Tooth disease at age five. The syndrome causes deterioration in the nerves and muscles of the hands and feet. As she grew, the pain increased and she needed braces to walk. She's been in a wheelchair for the last three years. She now has a little house of her own.

**Your gifts to UDS Foundation allow Rachel and her pal Dakota to remain independent and enjoy their new home.**

Before she contacted UDS, Rachel had no bathroom (limiting her to sponge baths) and had to call for assistance when she used a bedside commode. Her UDS Service Coordinators Maria Folk and then Joan Clawser arranged for a personal care worker who comes nightly to ready her for bed and connected Rachel with UDS Home Modifications who recently installed a full bathroom for Rachel, with a roll-in shower, an accessible toilet, and a sink her wheelchair can fit under.

Home Modifications also built a walkway from the driveway to her house—over hilly ground **170 feet long**—so that she can get out to her job at Walmart in Palmyra. For now, she is transported by Red Rose Access. Soon, through the Office of Vocational Rehabilitation, she has been approved for a van—fitted with assistive technology devices so she can drive herself! **With the generous support from donors like you, we can change lives for Rachel and others just like her.**

Rachel wants to be a hospital administrative assistant and is taking steps to enroll in courses. You keep the hope alive for people with disabilities so they can reach for the stars! **Thank you!**

**The road to Rachel's house was almost impossible to navigate in her wheelchair, but thanks to your support and her unwavering spirit, UDS Home Mods has paved a 170-foot pathway to her independence.**



**Message from the President**

Dear Friends!

Exciting things are happening at UDSF as we officially moved into our new home at 2270 Erin Court Lancaster PA on March 19th, thanks to your long-term support.

As the Building Independence theme to our capital campaign suggests, we are truly gaining independence by owning our own campus, building equity and controlling our costs by not incurring escalating rental fees. This will help to ensure our sustainability for many years to come and our savings will support many important services that are underfunded.

Our new home will provide us with an additional 40% more square footage to provide vital space for program expansion and innovation. It also allows us to consolidate separate buildings and programs under one roof leading to better collaboration and enhancing client outcomes.

With the help of great partners in Benchmark Construction and Phillips Workplace Interiors, we have refurbished and designed a great work environment to recruit and retain the talented and caring employees needed to support our clients and our important mission.

Thank you for your loyal and generous support in ensuring those we serve have the best life possible. We look forward to showing you our new space sometime soon.

*William A. Leppa*

**UDSF Boards Welcome New Members**



**Foundation Board welcomes Rhonda Ulrich, MS, CCC/SLP.** Rhonda works at Wellspan Ephrata Community Hospital as Director of Clinical Operations-Rehab Services. She has been with the Hospital since 1995. Prior to Wellspan, Sandra worked at Reading Rehabilitation

Hospital in Morgantown.

Rhonda lives in Sinking Spring, PA, with her husband, three cats, and one African Grey parrot. She has two children. The Ulrichs enjoy trips to Florida beaches, spending time together, reading, and walking.

Rhonda's interest in joining the UDSF Board was natural. *"The best part of my job," she says, "is helping people to achieve as much functional independence as possible and thrive in their families and communities. This is the same work being done at UDS. I have seen the joy that programs such as Challenger Football have brought to children and their families. I want to support those efforts."*



**Accessing Independence Board welcomes Sandra Forbes.** With 25 years of experience in management and community service in Lancaster County, Sandra brings her passion, knowledge and resources to her leadership position at K&W Tire as well as Ebenezer Baptist Church, where she leads the church's Outreach Ministry and where her husband Reverend Roland P. Forbes, Jr. presides. They have six children and seven grandchildren.

Prior to joining the Accessing Independence Board she served on the Board for Bridge of Hope for three years.

In her spare time, Sandra enjoys traveling, spending time with family, knitting, and crafts.

Sandra is passionate about helping others in any way possible. Sandra says: *"I love the mission and purpose that drives UDSF."*

**UDS MOVES INTO OUR NEW HOME**

After months of planning and packing, more than 100 UDS employees moved into our new building at 2270 Erin Court on Monday, March 19. The warehouse and contents of 1901 Olde Homestead Lane had already moved on March 8.

This massive operation (over 300 hours) was overseen by UDS COO Judy Naylor and her lieutenants which included Jay Shaffer, Lori Breece, Deb Showalter, Erik Lofgren, Nancy McCormick, and Robin Ulrich.

Movers came Friday evening, transported all the boxes over three days, and delivered them to the appropriate department for the beginning of the workday on Monday. Seven men made more than a dozen trips. Our phenomenal IT department, led by Erik Lofgren, somehow logged us off the server at Olde Homestead Lane on Friday at 3:30 pm and we were all up and running digitally first thing Monday morning.



*New reception area at Erin Court, with a familiar face at the desk to greet you.*

Our new home will allow UDS to continue to grow (currently serving more than 5,000 individuals and their families), will allow more collaboration between departments and, most importantly, will ensure our long-term sustainability. In addition, it allows us to make significant cost savings while building equity in the property that we now will own.

The newly renovated building includes several office spaces and conference rooms, a new board room, a Learning Center (that will accommodate 70-120 people), a Fitness Center and on our garden level, a brand new Service Dog Training Center and for the first time – our own kennel for the UDS Service Dog Program.



*Rick Rehm conducts departmental training in the new Community Training Room.*



**We would welcome the opportunity to share this incredible resource with you and invite you to come and tour. Please email or phone Larry Aubrey to arrange for a time: [larrya@udservices.org](mailto:larrya@udservices.org) or 717-715-8763.**

**HOW YOU CAN HELP!**

Director of Development Larry Aubrey and a committee of UDS Foundation friends and donors have been working behind the scenes on our very first "Building Independence" Capital Campaign. The campaign will provide funding for our brand new building renovation costs.

**Watch for news of how you can get involved in UDSF's expansion!**

**BUILDING INDEPENDENCE**

*— A New Home for UDS Foundation —*



If you are interested in participating in our campaign now, please contact Larry Aubrey [larrya@udservices.org](mailto:larrya@udservices.org) or 717-715-8763.

*Outrageous Giving Abundant Living*

**YOU'LL HAVE THE TIME OF YOUR LIFE!**

**What:** Outrageous Giving, Abundant Living the UDS Foundation Annual Fundraising Gala

**When:** Friday, May 18, 2018

**Where:** Fireside Tavern, Strasburg PA

**GREAT DINNER - EXCITING AUCTION (SILENT AND LIVE) - ENJOYABLE EVENING WITH FRIENDS OF UDSF**

Festivities begin at 5:30 pm.

**AUCTION ITEMS (JUST A SAMPLING):**

- Caribbean Vacations (Antigua, Panama)
- Kalahari Water Park for a Family Stay
- African Photo-Shoot Safari
- Golf Packages
- Kids Adventure Packet
- Star Wars memorabilia
- Wine-Tastings
- Theatre Tickets
- ... and so much more

Cindy Dale is Chairperson for the 2018 Gala; Kristen Stemmer chairs the Auction Committee.



Tickets are \$125 per person, or \$950 for a table of 8. To reserve your seats, contact Larry Aubrey at 717-715-8763, by May 10. Bring your friends for an exciting evening!

